

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 WEST ACTIVITIES 	9:00 Pop-in, Perk & Puzzle 1 9:15 Morning Exercise 9:45 Finish the Line/Reminisce 11:15 Music 1:30 TV- Favorites 2:00 Podcast - Famous Chicago Foods 3:00 Happy Hour Canada Day	9:00 Pop-in, Perk & Puzzle 2 9:45 Mass/Chapel 10:15 Coffee Social 11:15 Music 1:30 Bingo/3 West Dining Room 3:30 TV- Favorites Residents Choice	9:00 Pop-in Visits 3 - The Perk Daily/Puzzle 9:45 Mass Chapel 10:15 Morning Exercise 11:30 Easy Listening Music 1:30 Dominos 3:30 TV Favorites – Resident Choice	9:00 Pop-ins Visits 4 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:30 Easy Listening Music 1:30 Bingo/3W Dining Room 3:00 TV Favorites – Resident Choice Independence Day (US)	9:00 Pop-in Visits 5 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 10:45 Sing A long/Mike 11:30 Easy Listening Music 1:30 Garden Visits 3:00 Happy Hour/3 West	9:15 Pop-ins Visits 6 11:45 Easy Listening Music 1:30 Pet Therapy Joy Squad/Units 3:00 TV Favorites – Resident Choice
10:30 Sunday Mass/Chapel 7 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice	9:00 Pop-in Visits 8 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Finish the line/Reminisce 11:30 Easy Listening Music 1:15 Dominos 3:00 Happy Hour/3 West	9:00 Pop-ins Visits 9 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social/Carmel Hall 11:30 Easy Listening Music 1:30 Bingo 3 West/Dining Room 3:30 TV Favorites – Resident Choice	9:00 Pop-in Visits 10 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass Chapel 11:30 Easy Listening Music 2:00 Travelogue to France - Carmel Hall 3:30 TV Favorites -Resident Choice	9:00 Pop-ins Visits 11 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:30 Easy Listening Music 1:30 Bingo/3W Dining Room 3:00 TV Favorites – Resident Choice	9:00 Pop-in Visits 12 - The Perk Daily/Puzzle 9:00 Morning Exercise 9:45 IN2L Games/Videos 10:45 Sing A long/Mike 11:30 Easy Listening Music 1:30 Garden Visits 3:00 Happy Hour Chips, Dips and Summer Sips - Carmel Hall	9:15 Pop-ins Visits 13 11:45 Easy Listening Music 3:00 TV Favorites – Resident Choice
10:30 Sunday Mass/Chapel 14 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice	9:00 Pop-in Visits 15 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Finish the line/Reminisce 11:30 Easy Listening Music 1:15 Dominos 3:00 Happy Hour/3 West	9:00 Pop-ins Visits 16 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social/Carmel Hall 11:30 Easy Listening Music 1:30 Bingo 3 West/Dining Room 3:30 TV Favorites – Resident Choice	9:00 Pop-in Visits 17 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass Chapel 11:30 Easy Listening Music 1:30 Pretty Manicures/ 3 W Dining Room 1:45 Art Club - 2 West 3:30 TV Favorites – Resident	9:00 Pop-ins Visits 18 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:30 Easy Listening Music 1:30 Bingo/3W Dining Room 3:00 TV Favorites – Resident Choice	9:00 Pop-in Visits 19 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Videos 10:45 Sing A long/Mike 11:30 Easy Listening Music 1:30 Garden Visits 3:00 Happy Hour/3 West	9:15 Pop-ins Visits 20 10:30 Outreach Group Crafts and Conversation/ 2nd Floor 11:45 Easy Listening Music 3:00 TV Favorites – Resident Choice
10:30 Sunday Mass/Chapel 21 11:45 Easy Listening Music 11:15 Joy Squad Pet Therapy after Mass 1:30 TV Favorites - Resident Choice	9:00 Pop-in Visits 22 - The Perk Daily/Puzzle 9:15 Morning Exercise 10:30 Resident Council - Carmel Hall 11:30 Easy Listening Music 1:45 Songs of Summer with Liz Goss - Carmel Hall NO HAPPY HOUR	9:00 Pop-ins Visits 23 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social/Carmel Hall 11:30 Easy Listening Music 1:30 Bingo 3 West/Dining Room 3:30 TV Favorites – Resident Choice	9:00 Pop-in Visits 24 - The Perk Daily/Puzzle 9:45 Mass Chapel 10:30 Morning Exercise 11:30 Easy Listening Music 1:30 Movie Matinee - Carmel Hall 3:30 TV Favorites – Resident	9:00 Pop-ins Visits 25 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 11:30 Easy Listening Music 1:30 Bingo/3W Dining Room 3:00 TV Favorites – Resident Choice	9:00 Pop-in Visits 26 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 IN2L Games/Trivia 10:45 Sing A long/Mike 11:30 Easy Listening Music 1:30 Garden Visits 3:00 Happy Hour/3 West	9:15 Pop-ins Visits 27 11:45 Easy Listening Music 1;15 Dominos 3:00 TV Favorites – Resident Choice
10:30 Sunday Mass/Chapel 28 11:45 Easy Listening Music 1:30 TV Favorites - Resident Choice	9:00 Pop-in Visits 29 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Finish the line/Reminisce 11:30 Easy Listening Music 1:15 Dominos 2:00 Podcast How's to Made - 2 East 3:00 Happy Hour/3 West	9:00 Pop-ins Visits 30 - The Perk Daily/Puzzle 9:45 Mass/Chapel 10:30 Coffee Social/Carmel Hall 11:30 Easy Listening Music 1:30 Bingo 3 West/Dining Room 3:30 TV Favorites – Resident Choice	9:00 Pop-in Visits 31 - The Perk Daily/Puzzle 9:15 Morning Exercise 9:45 Mass Chapel 11:30 Easy Listening Music 1:30 Netflix Movie	 <h1 style="font-size: 4em; color: blue;">July 2024</h1>		

Activities and times subject to change. Thank you for your understanding. Mass on channel 61. Communion on the unit for those unable to attend Mass.