

# OCTOBER 2024

## ST. PATRICK'S RESIDENT NEWSLETTER

### The Prairie State

Illinois has been known as the Prairie State since at least 1842, and it's for obvious reasons. This nickname came about because of the rolling prairies of Illinois and the miles of cultivated fields that made Illinois one of the leading producers of corn and later, soy beans, in the United States.

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### CHICAGO WEATHER

#### Fall weather kicks in !

Average Temperature: 54°F Average  
Hours of Sunshine: 7 Average  
Precipitation: 2.67"

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**"AUTUMN SHOWS US HOW BEAUTIFUL  
IT IS TO LET THINGS GO."**

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### Resident Council

Monday, October 21 at 10:30 a.m.  
Carmel Hall

We look forward to your ideas!  
Every resident is an automatic member of the resident council with the rights to attend meetings. Resident Council minutes are posted on your unit bulletin board. If you are unable to attend, please call Ext. 1528 with your concerns or suggestions.



Joy B.	Oct 4
Lori D.	Oct 7
Penny M.	Oct 9
Giovanna A.	Oct 11
Dawn P.	Oct 18
Sr. Depaul S.	Oct 19
Marilyn N.	Oct 19
Madelene L.	Oct 20
Eileen D.	Oct 23
Sr. Phyllis P.	Oct 28

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### Birthstone: Opal

The October birthstone, the opal, symbolizes faithfulness and confidence. The word comes from the Latin opalus, meaning "precious jewel," and from the Greek word opallios, meaning "to see a change in color."

### Flower: Cosmos

Cosmos are a symbol of order, peace, and serenity. The name Cosmos comes from the Greek kosmos, meaning order, harmony, or the world. Spanish mission priests in Mexico cultivated cosmos in the mission gardens, and gave it this name because of its "evenly placed petals."

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## The Difference is Love

St. Patrick's Residence | 1400 Brookdale Rd. | Naperville, IL 60563

[stpatricksresidence.org](http://stpatricksresidence.org)

Director of Life Enrichment: Jill Whitledge | 630.753.1528 | [jwhitledge@stpatricksresidence.org](mailto:jwhitledge@stpatricksresidence.org)

## Rights to Medical Records

As a resident, you are entitled to request copies of your records or specific sections thereof. To make your request, please contact Melodee at extension 1578. Kindly note that you may be required to sign a release form before accessing the requested information.

## Important Phone Numbers

### Nursing Directors/Managers

Rachel Ext. 1545      Sr. Theresa Ext. 1586  
Anna Ext. 1597      Lori Ext. 1508

### Nurse's Stations

1 West Ext. 1530      3 West Ext. 1550  
2 East Ext. 1560      3 East Ext. 1570

### Restorative Therapy Director

Tammy Ext. 1598

### Clinical Services & Advanced Care

Andrea M. Ext. 1548

### Life Enrichment Director - Jill Ext. 1528

Claire/Virginia Ext. 1595  
Gloria/Tanfie/Emmy Ext. 1589

### Social Services

Ebony C. Ext. 1577      Alison G. Ext. 1587

### Pastoral Care Director - Sr. Raphael Ext. 1512

**Personal Funds/Bank** - Brenda Ext. 1506

### Dietary Director - Gary. Ext. 1585

Gretta Ext. 1521      Diet Office Ext. 1524

### Maintenance Director - Kevin Ext. 1503

### Housekeeping Director - Dorota Ext. 1584

Housekeeping Evening Ext. 1639

**Salon Appointments** Ext. 1528

**Front Desk** "0" for Operator

### Ombudsman - DuPage County

Karina Vazquez - 630-407-6483

## Carmelite Sisters Core Value - Compassion

Our belief is that each person is created in the image of God as an object of His personal love and as such we are to bring hope, healing and comfort to all we encounter in our ministry. In the words of Venerable Mary Angeline Teresa, we strive to be "kinder than kindness itself."

## Did you know?

Scarecrows are such an ordinary creation, it's strange to think that there's actually a history behind them.

- Scarecrows were originally made to do exactly what their name suggests: scare off crows and other birds that might ruin the farmer's crops.
- They were first made by the Egyptians to protect their wheat fields, especially along the Nile River.
- In Medieval Britain, there was an actual job for young boys called a "bird scarer" who wandered the fields with bags of stones to throw at the birds.
- The most famous scarecrow is the fictional character in The Wizard of Oz.
- Around the U.K., scarecrows have many different nicknames depending on where you are, such as Hodmedod, Hay-man, Gallybagger, Tattie Bogal, Bwach, etc.
- Iconic Appearance: A Scarecrow's appearance is instantly recognizable. His straw body, patched clothes, and straw hat have become iconic symbols as fall decor.

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