

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2024

## 3 WEST ACTIVITIES

						9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 All Saints Day Mass 1:30 Table Games 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music	1	9:15 Pop-in Visits  1:30 Resident Choice - TV Favorites & Music	2				
						Diwali (Hindu)							
10:30 Sunday Mass/Chapel Channel 61  11:15 Joy Squad Pet Therapy - Front Lobby  1:30 Resident Choice - TV Favorites & Music  Daylight Saving Time Ends	3	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Finish the Line/Reminisce 10:00 Pet Therapy/Maggie 1:30 Pretty Manicures 2:00 Baking Club - 2 East 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music	4	9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 1:30 Bingo/3W Dining Room 3:30 Resident Choice - TV Favorites & Music	5	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Mass Chapel 2:00 History Mysteries (Alcatraz Escape) - 2 East 2:30 Room-to-Room Snacks 3:30 Resident Choice - TV Favorites & Music	6	9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 1:30 Bingo/3W Dining Room 3:30 Resident Choice - TV Favorites & Music	7	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Mass/Chapel 10:00 Veteran's Day Ceremony - Carmel Hall 1:30 Fall Leaf Craft - 2 West 1:45 Table Games 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music	8	9:15 Pop-in Visits  1:30 Table Games  3:00 Resident Choice - TV Favorites & Music	9
10:30 Sunday Mass/Chapel Channel 61  1:30 Resident Choice - TV Favorites & Music	10	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Finish the Line/Reminisce 10:00 Pet Therapy/Maggie 2:00 Podcast (Route 66) - 2 East 3:00 Happy Hour/3 West 3:30 Resident Choice - TV Favorites & Music  Veterans Day Remembrance Day (Canada)	11	9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 1:30 Bingo/3W Dining Room 3:30 Resident Choice - TV Favorites & Music	12	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Mass Chapel 2:00 Travelogue - Canada in Carmel Hall 3:30 Resident Choice - TV Favorites & Music	13	9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 1:30 Bingo/3W Dining Room 3:30 Resident Choice - TV Favorites & Music	14	9:00 Pop-in, Perk & Puzzle 9:20 Fun Friday Fitness/2 West 9:15 Morning Exercise 10:00 Finish The Line 10:45 Sing A long/Mike 1:45 Fall Concert/Carmel Hall 3:30 Resident Choice - TV Favorites & Music  <b>No Happy Hour</b>	15	9:15 Pop-in Visits  3:00 Resident Choice - TV Favorites & Music	16
10:30 Sunday Mass/Chapel Channel 61  1:30 Resident Choice - TV Favorites & Music	17	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 10:00 Pet Therapy /Maggie 10:00 Resident Council 1:30 Pretty Manicures 2:00 Baking Club - 2 East 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music	18	9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 1:30 Bingo/3W Dining Room 3:30 Resident Choice - TV Favorites & Music	19	9:00 Pop-in, Perk & Puzzle 9:45 Mass Chapel 10:30 Morning Exercise 1:45 Thanksgiving Centerpieces with Garden Club - 2 West 2:30 Room - to - Room Snack 3:30 Resident Choice - TV Favorites & Music	20	9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 1:30 Bingo/3W Dining Room 3:30 Resident Choice - TV Favorites & Music	21	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:20 Fun Friday - 2 West 9:45 IN2L Thanksgiving Trivia 10:45 Sing A long/Mike 1:30 Table Games 3:00 Friendship Happy Hour - Carmel Hall 3:30 Resident Choice - TV Favorites & Music	22	9:15 Pop-in Visits  1:30 Thanksgiving Craft - 2West 2nd Floor - Joy Squad  3:00 Resident Choice - TV Favorites & Music	23
10:30 Sunday Mass/Chapel Channel 61  1:30 Resident Choice - TV Favorites & Music	24	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 Finish The Line/Reminisce 10:00 Pet Therapy/Maggie 2:00 Podcast - Thanksgiving - 2 East 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music	25	9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Coffee Social 1:30 Bingo/3W Dining Room 3:30 Resident Choice - TV Favorites & Music	26	9:00 Pop-in, Perk & Puzzle 9:45 Mass Chapel 10:30 Morning Exercise 1:30 Matinee Movie -Planes, Trains & Automobiles -Carmel Hall 3:30 Resident Choice - TV Favorites & Music	27	9:00 Pop-in, Perk & Puzzle 9:45 Mass/Chapel 10:30 Morning Exercise 9:45 Thanksgiving Mass Chapel 1:30 Bingo/3W Dining Room 3:30 Resident Choice - TV Favorites & Music  Thanksgiving Day	28	9:00 Pop-in, Perk & Puzzle 9:15 Morning Exercise 9:45 IN2L Trivia 10:45 Sing A long/Mike 1:30 Table Games 3:00 Happy Hour - 3 West 3:30 Resident Choice - TV Favorites & Music	29	9:15 Pop-in Visits  1:30 Table Games  3:00 Resident Choice - TV Favorites & Music	30

Activities and times subject to change. Thank you for your understanding. Mass on channel 61. Communion on the unit for those unable to attend Mass. Channel 63 Resident .Please ask your aid to assist you to activities and Mass.