

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

2 West Daily Activities

			<p>9:00 Pop-in, Perk & Puzzle 1</p> <p>1:30 Table Games</p> <p>3:30 Resident Choice - TV Favorites & Music</p> <p>NO MASS</p> <p>New Year's Day</p>	<p>9:00 Pop-in, Perk & Puzzle 2</p> <p>10:30 Trivia</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p> <p>NO MASS</p>	<p>9:00 Pop-in, Perk & Puzzle 3</p> <p>9:15 Morning Exercise</p> <p>10:30 Trivia</p> <p>1:30 Table Games 2 West</p> <p>3:00 Happy Hour at 2 West Dining</p> <p>3:30 Resident Choice - TV Favorite & Music</p>	<p>9:15 Pop-in Visits 4</p> <p>10:30 Rosary at 2 East</p> <p>1:30 Table Games at 2 West Dining</p> <p>3:30 Resident Choice - TV Favorites & Music</p>
<p>10:30 Sunday Mass (Chanel 61) The Epiphany of The Lord</p> <p>1:30 Resident Choice - TV Favorites, Music & Games</p>	<p>9:00 Pop-in, Perk & Puzzle 5</p> <p>9:15 Morning Exercise</p> <p>10:00 Pretty Nails at 2 West</p> <p>1:30 Table Games</p> <p>3:00 Happy Hours 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 6</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 7</p> <p>9:45 Mass/Chapel</p> <p>10:15 Exercise</p> <p>1:30 Winter Craft Corner at 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 8</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 9</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 10</p> <p>9:30 Morning Exercise 2 West Dining</p> <p>3:30 Resident Choice - TV Favorites & Music</p>
<p>10:30 Mass/Chapel (Channel 61) Joy Squad Lobby</p> <p>1:30 Resident Choice - TV Favorites, Music & Games</p>	<p>9:00 Pop-in, Perk & Puzzle 11</p> <p>9:15 Morning Exercise</p> <p>10:00 Pet Therapy with Maggie</p> <p>10:30 Residents Council at Carmel Hall</p> <p>1:30 Table Games 2 West</p> <p>2:30 Let it Snow: Happy Hour - 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 12</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 13</p> <p>9:45 Mass/Chapel</p> <p>10:15 Exercise</p> <p>1:30 Garden Club Centerpieces at 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in & Perk 14</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 15</p> <p>9:00 Morning Exercise 2 West</p> <p>11:45 Easy Listening Music</p> <p>1:30 Table Games - 2 West</p> <p>3:00 Happy Hour at 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:15 Pop-in Visits 16</p> <p>10:30 Rosary at 2 East</p> <p>1:30 Table Games - 2 West</p> <p>1:30 Joy Squad Visits</p> <p>3:30 Resident Choice - TV Favorites & Music</p>
<p>10:30 Mass/Chapel (Channel 61)</p> <p>1:30 Resident Choice - TV Favorites, Music & Games</p> <p>Activity Professionals Week</p>	<p>9:00 Pop-in, Perk & Puzzle 17</p> <p>9:15 Morning Exercise</p> <p>10:00 IN2L Games</p> <p>10:00 Pet Therapy with Maggie</p> <p>1:30 Table Games at 2 West</p> <p>3:00 Happy Hour</p> <p>3:30 Resident Choice - TV Favorite & Music</p> <p>Martin Luther King Jr. Day</p>	<p>9:00 Pop-in, Perk & Puzzle 18</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>2:00 Mother's Tea at Carmel Hall</p> <p>3:30 Resident Choice - TV Favorites & Music</p> <p>NO BINGO</p>	<p>9:00 Pop-in, Perk & Puzzle 19</p> <p>9:15 Exercise</p> <p>1:30 Pretty Nails at 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 20</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 21</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 22</p> <p>9:30 Exercise - 2 West</p> <p>11:45 Easy Listening Music</p> <p>1:30 Table Games at 2 West</p> <p>3:00 Happy Hour at 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p>
<p>10:30 Mass/Chapel (Channel 61)</p> <p>1:30 Resident Choice - TV Favorites, Music & Games</p> <p>Australia Day (Observed)</p>	<p>9:00 Pop-in, Perk & Puzzle 23</p> <p>9:15 Morning Exercise</p> <p>9:45 IN2L Games</p> <p>10:00 Pet Therapy with Maggie</p> <p>1:30 Table Games 2 West</p> <p>3:00 Happy Hour at 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 24</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 Bingo 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 25</p> <p>9:15 Exercise</p> <p>1:30 Table Games at 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p> <p>Chinese New Year (Year of the Snake)</p>	<p>9:00 Pop-in, Perk & Puzzle 26</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 27</p> <p>9:45 Mass/Chapel (Channel 61)</p> <p>10:15 Coffee Social at Carmel Hall</p> <p>1:30 BINGO 2 West Dining Room</p> <p>3:30 Resident Choice - TV Favorites & Music</p>	<p>9:00 Pop-in, Perk & Puzzle 28</p> <p>9:30 Morning Exercise - 2 West</p> <p>11:45 Easy Listening Music</p> <p>1:30 Table Games - 2 West</p> <p>3:00 Happy Hours at 2 West</p> <p>3:30 Resident Choice - TV Favorites & Music</p>

Activities and times are subject to change. Thank you for your understanding. Mass on channel 61, Communion on units for those unable to attend Mass. Channel 63 Resident Information. PLEASE ASK YOUR AID TO ASSIST YOU TO ACTIVITIES OR MASS.